



CDA Guide-Age Chart to assist with your class choices

School	Age Guide	Syllabus Dance Grade	Age Grouping Name
	18 months - 3.5 year olds	Tiny Tots	Tiny Tots
	3-5 year olds	Creative Dance	Creative Dance
Prep	5-6 year olds	Prep	Minis
Year 1	6-7 year olds	Pre-Primary	Minis
Year 2	7-8 year olds	Primary	Sub-Juniors
Year 3	8-9 year olds	Grade 1	Sub-Juniors
Year 4	9-10 year olds	Grade 2	Juniors
Year 5	10-11 year olds	Grade 3	Juniors
Year 6	11-12 year olds	Grade 4	Juniors
Year 7	12-13 year olds	Grade 5	Intermediates
Year 8	13-14 year olds		Intermediates
	15+		Senior
	18+		Adult
	15+		Beginner Adult

As at 8th Feb 2019

Monday* Subject to change				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
	Pilates AM 9:00-10:00			
Creative Dance PM 3:30-4:15	Prep Ballet PM 3:45-4:30		Minis Tumbler PM 3:45-4:30	
Ballet RAD Pre-Primary PM 4:15-5:00	Ballet RAD Primary PM 4:30-5:30		Minis Jazz PM 4:30-5:15	Acro Sub jnr/Jnr PM 4:30-5:45
Ballet RAD Intr PM 5:00-6:00	Ballet RAD Int Fnd PM 5:30-6:45		Stretch, strength, kicks, turns & leaps Sub jnr/Jnr PM 5:45-6:45	Acro Intr/Snr PM 5:45-7:00
Ballet RAD Intr Pointe PM 6:00-6:45				
Ballet RAD Adv 1 6:45-7:45	Ballet RAD Adv Fnd PM 6:45-7:45		Adult Ballet PM 6:45-7:45	Stretch, strength, kicks, turns & leaps Intr/Snr PM 7:00-8:00
Ballet RAD Adv 1 Pointe PM 7:45-8:30	Ballet RAD Adv Fnd Pointe PM 7:45-8:30		Adult Ballet Level 2 PM 7:45-8:45	Adult Dance Fun Fitness PM 8:00-9:00

Tuesday* Subject to change				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
	Tiny Tots Dance AM 9:30-10:00			
	Creative Dance AM 10:00-10:45			
	Silver Swans AM 10:45-11:45			
Ballet RAD Gr 1 PM 4:00-5:00	Jazz CSTD Gr 2 PM 4:00-5:00	Move & Groove 3-5 yr olds PM 4:00-4:45	Tap CSTD Gr 2 PM 4:00-5:00 C	Jazz CSTD Gr 1 TBA
Ballet RAD Gr 4 PM 5:00-6:00	Jazz CSTD Gr 6 Fnd PM 5:00-6:00	Jazz Ext. Gr 1,2&3 PM 5:00-5:45	Tap CSTD Gr 1 PM 5:00-6:00	Tap Jazz Combo Mini/Sub jnr PM 5:00-6:00
Ballet RAD Gr 5 PM 6:00-7:00	Contemporary Jnr/Intr PM 6:00-7:00		Jazz CSTD Gr 3 PM 6:00-7:00	Adult Dance Fun Fitness TBA
	Contemporary Int/Snr PM 7:00-8:00		Tap Adult L1 PM 7:00-7:45	Jazz CSTD Gr 7 PM 7:00-8:00
			Tap Adult Level 2 PM 7:45-8:45	Jazz & Hip-Hop Intr/Snr

				PM 8:00 -9:00
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Wednesday* Subject to change

Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
	Prep Ballet PM 3:45-4:30	Creative Dance PM 3:45-4:30		
Ballet RAD Gr 3 PM 4:00-5:00	Ballet RAD Pre-Primary PM 4:30-5:15		Hip-Hop Sub jnr/Jnr PM 4:00-4:45	Tap CSTD Gr 3 PM 4:00-5:00
Ballet RAD Gr 3 Exam Extension (Invitation only) 5:00-5:45			Acro Int/Senior PM 4:45- 5:45	Jazz CSTD Gr 5 Fnd PM 5:00-6:00
Ballet RAD Adv Fnd PM 5:45-7:15	Ballet Intermediate PM 5:45-7:00		Adult Dance Fun Fitness PM 6:00-7:00	Tap CSTD Gr 4 PM 6:00-7:00
	Ballet RAD Adv 1 PM 7:15-8:30		Cabaret Intr/Snr PM 7:00-8:00	Tap CSTD Gr 7 PM 7:00-8:00
				Tap CSTD Gr 8

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PM 8:00-9:00

Friday* Subject to change				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
	Pilates TBA			
Private classes			Creative Dance PM 3:45-4:30	Junior Tap Jazz Combo PM 4:00-5:00
Ballet Perf Troupe 12 & under PM 4:15-5:15			All Abilities Dance PM 4:30-5:30	
Ballet Perf Troupe 15+/Open PM 5:15-6:15				Intr Tap Jazz Combo PM 5:00-6:30

Saturday* Subject to change				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
Creative Dance Level 1 & 2 AM 8:15-9:00	Ballet RAD Pre Primary AM 8:30-9:15		Ballet RAD Primary AM 8:30-9:30	Tiny Tots Dance AM 8:30-9:00
Ballet RAD Gr 1 AM 9:00-10:00	Creative Dance L1 AM 9:15-10:00	Tap Showcase Troupe AM 9:00-10:00	Prep Ballet AM 9:30-10:15	Tap Jazz Combo Jnr AM 9:00-10:00
Ballet RAD Gr 2 AM 10:00-11:00	Creative Dance L2 AM 10:00-10:45	Jazz Showcase Troupe AM 10:00-11:00	Ballet RAD Pre-Primary AM 10:15-11:00	Tap Jazz Combo Sub jnr AM 10:00-11:00
Ballet RAD Gr 3 AM 11:00-12:00	Prep Ballet AM 10:45-11:30	Tiny Tots Dance AM 11:00-11:30	Creative Dance L1&2 AM 11:00 -11:45	
Ballet RAD Gr 5 PM 12:00-1:15		PrePointe Strength & Conditioning AM 11:30-12:00		Tap Jazz Combo Mini AM 11:30-12:30
	Musical Theatre Sub jnr/Jnr AM 12:30-1:30		Hip-Hop Intr/Snr PM 12:30-1:30	
Ballet RAD Gr 4 PM 1:15-2:30	Musical Theatre Intr/Snr PM 1:30-2:30		Hip-Hop Sub jnr/Jnr PM 1:30-2:30	Contemporary Intermediate PM 1:30-2:30
Ballet Showcase Troupe PM 2:30-3:30				Contemporary Senior PM 2:30-3:30