

### **Registrations at CDA:**

Please click [here](#) to go to our class registration page. The link will take you to our external class registration system.

### **Classes at CDA:**

#### **Baby Dance with Me - 2 year olds**

CDA's little dancers are very important to us and our "Baby Dance with Me' class is designed especially for this age group. This is the first level in our dance program and is a fun class for toddlers who are keen to experience dance for the first time. The class includes creative movement, singing and storytelling; enabling our little dancers to experience the joy of dance with their Parent/Carer.

#### **Creative Dance**

Creative Dance is the perfect introduction to dance for a child aged 3 or 4 years. In this fun-filled class students explore dance, musicality, drama and imaginative play in a supportive and friendly environment. Our young dancers use scarves, musical instruments, costumes and more as they experience the joy of dance. Creative Dance is also a wonderful way for a child to develop a foundational understanding of skills such as listening to directions and interacting with peers.

#### **Prep Dance**

This class is for students who are in Prep at school in the year they attend. The class is designed to further develop co-ordination, confidence and a sense of rhythm through music and movement. The class includes a gentle introduction of classical ballet technique.

#### **Pre Primary Ballet**

This class is based on the Royal Academy of Dance Pre Primary in Dance syllabus and introduces a wide range of basic dance, drama and musicality elements in a positive and supportive environment. The syllabus promotes and encourages enjoyment of movement. This class includes a free dance segment, encouraging students to independently draw on their developing dance skills and creativity.

### **Primary Ballet**

This class is based on the Royal Academy of Dance Primary in Dance syllabus and develops the students' physical skills, stamina, creativity, expression and musicality using a range of sounds and musical styles. The syllabus promotes and encourages enjoyment of movement. This strong foundation prepares students for a successful transition to ballet and other dance genres at higher levels.

### **RAD Ballet**

The studio offers RAD Ballet from Primary and Grade 1 through to the Vocational Grades. The Royal Academy of Dance (RAD) is one of the largest and most influential dance education and training organisations in the world. The RAD Graded Examinations in Dance (Grade 1 – 5) consist of three disciplines:

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Ballet: the foundation and the most important part of the syllabus;

- Contemporary and Classical Greek Dance;

- Character: the presentation of national styles, using original ethnic dance and music. The three styles — Hungarian, Russian and Polish — were selected due to their importance in the development of classical ballet.

The Vocational Graded Examinations (Intermediate Foundation to Advanced 2) provides an in-depth study of ballet developing technique, music and performance skills and introducing pointe work for female candidates. This highly

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focused and practical training prepares students for a dance career. These levels are for students from 12 years old.

Graded and Vocational Graded examinations are optional, upon recommendation by the teacher. All exam students are required to attend two syllabus classes per week including the additional pointe class to be considered for examinations.

### **Primary Jazz**

This fast-moving and fun-filled class caters for 5 to 7 year old boys and girls who love to dance and move. The class uses popular kid's music to introduce basic elements of dance and musicality. In these lessons the students also learn valuable skills such as listening to and following directions and the social skills required when interacting with their peers. This helps ready a student for more formal learning situations both in dance and at school.

### **CSTD Jazz**

Our fun and energetic jazz classes are for male and female students from five years of age through to teens and adults. Students study a range of styles including hip-hop, modern jazz and contemporary dance. The classes include a foundational focus on strong technique as well as stylistic elements. Annual CSTD examinations are optional upon recommendation by the teacher. Students also have the opportunity to perform at a range of community events throughout the year.

### **CSTD Tap**

We offer classes in the CSTD syllabi for students from five years of age. Fun, rhythmic, interesting and challenging, this style of dance is enjoyable to learn and exciting to perform.

Annual examinations are optional upon recommendation by the teacher. Classes are available for teen and adult beginner, intermediate and advanced students.

### **Contemporary Foundation CSTD**

We are introducing Syllabus CSTD Contemporary this year with the first level Contemporary Foundation. As students progress we will introduce the next level of Syllabus.

### **Contemporary**

Students in this class learn innovative choreography whilst drawing upon their creative strengths. This is an athletic class that enables students to study cutting-edge dance techniques. Specialist teachers are employed to teach these classes.

### **Pas de Deux**

### **Repertoire**

CDA's Repertoire class fosters an ability to work in an ensemble as students study dances from traditional and contemporary ballets. Vocational graded students who have shown commitment and dedication to their dancing, with the required technical ability, will be invited to join this class.

### **Professional Open Ballet: Intermediate & Advanced**

For students who aspire to a professional career or for those who wish to study ballet more seriously, we offer open ballet classes at intermediate and advanced levels. The classes do not draw upon a set syllabus but instead follow the format of a professional class, encouraging

students to develop their ability to engage with ballet terminology and master various combinations. The intermediate and advanced classes are taught by former and current professional dancers.

### **Intermediate and Advanced Open Jazz**

These classes are for students who have reached Jazz 5 level and would like to continue studying jazz and contemporary style without sitting CSTD exams. Consisting of technique and learning different styles, this class will keep your technique strong while focusing on learning routines and different combinations.

### **Jazz/Hip Hop/Funk**

The most popular and fastest-growing style at CDA is without a doubt HipHop. This dance form is a thrilling adventure. Dancers from all across the different styles can come to this specialty class in search of innovative and fresh movement and great music in an atmosphere of safe self-expression and fun!

HipHop is not limited to one style or technique. Variety in HipHop is a MUST! CDA is pleased to offer several different styles of HipHop from Pop/Lock to Urban Funk!  
Come check us out.

### **Tween Tap**

Tween Tap is a fun, friendly, and relaxed environment for those students who may have prior dance experience but have never put tap shoes on, or it's been a long time between tap routines! The students learn the fundamentals of tap, then progress at their own pace with technique without any exams. With a focus on mixing combinations and rhythms, the students gain confidence in their tapping ability in a no pressure environment.

### **Commercial Tap**

Commercial Tap Dance Classes have that edgy difference; they are the perfect blend of Tap Dancing technique made famous by Fred Astaire, and most recently Australia's professional company 'Tap Dogs', whilst maintaining a strong technique and safe dance practice.

At CDA, our Commercial Tap Teachers use a wide assortment of music ranging from the classics to the latest popular tracks. This exposes our students to a variety of dance styles including street stomp, old school classic and commercial tap dancing to ensure they gain experience and a broad variety of tap dancing techniques.

### **Adult Beginner Classes: Ballet, Jazz and Tap**

Have you always wished you were able to dance but never had the opportunity? Or did you stop dancing at some point but now want to return? Our popular beginner classes are perfect for adults who have no prior dance experience or for those who are 'out of practice'. Our classes are for people of all shapes, sizes and ages. You will receive the utmost support and encouragement from our friendly teachers who will cater for your individual levels of fitness and prior experience (if any). Participation in the annual performance is an amazing experience but always optional!

### **All Abilities Dance**

We believe that dance is truly for everyone and this class ensures that everyone has the opportunity to access dance. Students in this class learn jazz, hip-hop and a little ballet to a range of music styles in this fun, friendly and supportive class. With two groups students will be dancing with similar aged companions. We cater for different levels of fitness and physical and other abilities. Students perform in the annual concert with great success!

### **Ballet Performance Troupe**

Students who have developed secure ballet technique and have demonstrated a commitment to their dance will be invited to join this group. Students will learn a Performance Group Dance/s to showcase at fetes, open days and eisteddfods. Students must be committed and be available to attend all rehearsals and performances. By invitation only.

### **Jazz & Tap Performance Troupe**

Students in our jazz or tap performance troupe showcase a variety of routines at local festivals, fetes and other events. These dancers display outstanding technique, performance ability and commitment to dance. By invitation only.

### **Musical Theatre**

Led by our performance tutor, our Music Theatre class will combine singing, dancing, and acting, focusing on vocal technique and performance confidence. We work hard towards working together as a class to put together a range of styles of musical theatre, from a piece focused on acting through song, to a full song and dance routine. The students enjoy learning about the history of musical theatre at the same time as becoming 'triple threats'.

**Voice** - Contact CDA.

### **PILATES – Small Group ( personal attention)**

CDA offers Pilates Mat Classes in small groups to ensure that each participant is given individual attention, to perfect their movements. Our Instructor believes that Pilates classes should be simple to follow and the movements executed should be straightforward but effective. Through movement, the classes can assist to create balance and a stronger body.

All fitness levels catered for.

We want you to walk out of our classes feeling taller!

### **Intro to Ballet**

Intro to Ballet - This class is designed for dancers who may be returning to ballet after several years or for dancers who wish to start ballet for the first time. It is highly recommended for those Jazz and Contemporary dancers without formal ballet training as it is designed to complement the Jazz and Contemporary syllabus requirements.

### **Ballet Technique Extension/ Body Conditioning**

This class is ideal for the enthusiastic student who is keen to improve and enhance their ballet training. The class focuses on securing and extending the students ballet technique. Students also work on strengthening and body conditioning exercises.

### **Other Classes**

From time to time other classes may be offered according to interest. Please contact us if you are interested in a dance style that you do not see offered here.

### **Private Lessons**

Private lessons can be arranged by appointment only with the Jazz/Tap Director and Ballet

Director. One on one dance tuition is extremely beneficial before examinations and other specific dance events.